

Spaxton Village Hall News



You are probably aware that Spaxton Village Hall has been struggling to cover its costs this year. Here is an update on the regular activities at the hall with contact details if you would like to join in. There are also several fundraising events coming up, details in Spaxton news and on the notice board inside the new porch, so please do support your hall.

On **Mondays** *upholstery* takes place in the main hall in the morning and afternoon. Valerie Howe is the link for upholstery Tel: 722591.

4Forks catering are busy in the kitchen preparing lunch for the schoolchildren (5 days a week in term time) also **Lunch Club** (Mon/Weds/Fri 1-2pm). To book a meal with lunch club phone the hall 671681 or mobile 07964710714, lunch costs £5.95 for 2 courses including tea or coffee.

In the evening Angelika Sivyer takes Lyengar **Yoga** classes from 7.30 to 9pm. This form of yoga is renowned for attention to detail and working carefully within the individual's body structure. Out of that can come a sense of well being and renewed energy. Tel 653805 or email: angelikahomeopathy@googlemail.com

Also in the evening on the **first Monday of the month** *Spaxton Parish Council* meets in the pavilion.

On **Tuesdays** Dr Lucy Bray holds a *branch surgery* from 2-3pm in the pavilion for patients registered at Cannington Health Centre: Tel 652335.

Short Mat Bowls takes place on **Tuesday** and **Thursday** evenings in the main hall on the lovely refurbished floor. Ann Milne is the contact for this Tel: 671468

On **Wednesdays** Debbie Aspey is in the hall with *Stagestruck Theatre School* which embraces after school activities such as acting shows, dancing and singing from 5.30 to 7pm Tel 01823 432295

Sian Cocks takes over at 7.30 until 8.30pm with *Fun Aerobics*. This costs £3.50 per session and she is contactable on Tel 652411

Spaxton Women's Institute meets on the first **Wednesday of the month** in the pavilion in the evening. This costs £2.50 including refreshments and Gloria Dare is the contact: Tel 671202 . There is an informative notice board in the pavilion about their activities.

Bingo takes place alternate **Friday** evenings in the pavilion from 6.30 to 9pm ...fun and a good chance of winning.

We would very much appreciate any feedback or ideas on how the village hall could improve to meet the needs of Spaxton, particularly from our younger residents.....pop your thoughts on paper and leave at the hall??